

Synergy Wellness



Medical Cannabis
CBD Specialists

Your source for organically grown, whole plant, artisanally crafted, full spectrum, medicinal cannabis products!



Now available through Zoom:

Consultations with Leonard Leinow

Leonard Leinow has three decades of experience growing and studying medicinal cannabis, and brings a unique spiritual perspective to his work. Leonard is an expert in products that are rich in cannabidiol (CBD), the non-psychoactive.....[READ FULL DESCRIPTION](#)

Consultations with Leonard may include:

- Personalized discussion of product details, advantages/disadvantages you may encounter
- Strains, dose and methods of intake most appropriate for a particular situation
- Recent research and case studies
- Experiences and outcomes of others exploring cannabis for health benefits
- Answers to your specific, individual questions regarding medicinal cannabis use
- Consultations with Leonard are now available on Zoom® as well as telephone!

Consultation Information
Consultation Form

Please feel free to share your feedback!

Let us know what works or how your experience could be improved and we will do our best to incorporate your suggestions.

- The Synergy Team



*Sale Products!**

All Synergy products with a balanced 1:1 ratio of THC:CBD, are on sale at 15% off!

Lasts until 5pm PST 6/30/2020!

#156 - ACDC Blend (8.5 mg/ml CBD : 8.5 mg/ml THC)
~~\$55.00/oz~~... *on sale*... \$46.75/oz
In Organic Sesame Oil

#155 - ACDC Blend (8.5 mg/ml CBD : 8.5 mg/ml THC)*
~~\$60.00/oz~~... *on sale*... \$51.00/oz
NEW! Tincture 1:1 in Olive oil

#165 - Beginner's Blend (300 mg THC Indica, 10 mg/ml)
~~\$40/oz~~... *on sale*... \$34.00/oz
In 50% Sesame, 50% Olive

#353 - Balance Indica 1 gm
~~\$85/gram~~... *on sale*... \$72.25/gram
Pen Vaporizer Cartridges (CO2 Extract)

#355 - Balance Sativa 1 gm
~~\$85/gram~~... *on sale*... \$72.25/gram
Pen Vaporizer Cartridges (CO2 Extract)

#355.5 - Balance Sativa 0.5 gm
~~\$50/half gram~~... *on sale*... \$42.50/ half gram
Pen Vaporizer Cartridges (CO2 Extract)

#382 - Balanced (325 mg CBD + 325 mg THC)
~~\$85/gram~~... *on sale*... \$72.25/gram
1:1 CO2 concentrate oil 1 gm

#383 - Balanced (975 mg CBD + 975 mg THC)
~~\$250/3grams~~... *on sale*... \$235.00/3gm
1:1 CO2 concentrate 3 grams

#552 - ACDC Salve (325 mg CBD + 325 mg THC)
~~\$50/oz~~... *on sale*... \$42.50/oz
1:1 Salve 1 oz jar

#554 - ACDC Salve (650 mg CBD + 650 mg THC)
~~\$95/2oz~~... *on sale*... \$80.75/oz
1:1 Salve 2 oz jar

#561 - Mint (340 mg total cannabinoids)
~~\$30/10ml~~... *on sale*... \$25.50/10ml
1:1 STIMULATING Roll-on topical

#562 - Lavender (340 mg total cannabinoids)...
\$30/10ml... *on sale*...\$25.50/10ml
1:1 RELAXING Roll-on topical

#563 - Natural (340 mg total cannabinoids)...
\$30/10ml... *on sale*...\$25.50/10ml
1:1 Roll-on topical

#630 - LipoCann 1:11:1 blend CBD:THCa
\$7... *on sale*...\$5.95
Liposomal Microspheres (click for more information)

**Discounts cannot be combined with other offerings*

Find More Prices and Order Form [HERE](#)

We're always interested in hearing experiences from our members, which could benefit others! Feel free to drop us a line: Newsletter@SynergyCBD.com

~Featured Article~

Finding and Maintaining Balance in the Midst of Uncertainty

by Dan Reich



With the pandemic upending everything we once knew, many of us feel as though the world is wobbling out of balance, influencing us to feel the same way.

Finding balance between work and family, indulgence and restraint, or just about any other human....

[...READ FULL ARTICLE](#)

~ The Wizard's Words of Wisdom~

By Leonard Leinow

Q) How do you achieve balance in your life?

A) A healthy life is a balanced life. I break it down into segments and look at the different aspects my life, physical, mental, emotional and spiritual, to assess the level of balance or imbalance. If I find an imbalance, I look for a means to correct it. The type of imbalance and the severity will give me a clue on finding the remedy.

It seems like the whole world is getting out of balance. The shelter in place order has resulted in isolating people, and this has caused an enormous amount of stress and imbalance. Now we have demonstrations and riots around the world. While I like to know what is happening in the world, I refuse to watch the news because it promotes fear. For me, reducing my exposure to things that cause fear and stress is key to my health. I can skim the headlines online and read only the articles that are helpful and informative. I also use Synergy Wellness products to help find balance.

I am always looking for things that bring me joy and balance. Here are several practices I do: I combine use of Synergy's 1:1 balance products. These contain equal, balanced amounts of THC and CBD. I use a vaporizer with [#353 or #355](#) for a fast acting, short term (1-2 hour) experience and I use oral tincture [#156 1:1 in sesame oil](#) for a longer lasting experience.

1) Focus - I continually practice choosing where I focus my attention, as well as what thoughts I think. I am always evaluating the results. Does this make me feel better? Is this reducing stress, making me feel more connected to Spirit, or bringing me joy? If it is not, then I change my point of focus or my thoughts. It's a simple practice, but very effective. Focusing my mental thoughts results in emotions that are balanced and uplifting.

2) Qi Gong – an ancient Chinese self-healing practice that addresses all aspects of balance: physical, mental, emotional and spiritual). If you are interested, here are links to two excellent Qi Gong routines:

a) 20 minute morning routine

<https://www.youtube.com/watch?v=pj4qo2KL9f4&t=45s>

b) 20 minute evening routine

<https://www.youtube.com/watch?v=o9kvYnWKG3g>

3) Nature – Being in nature, looking at flowers, the wonder of natural life. Mother nature always makes me feel more in balance.

4) Exercise – I like to ride a mountain bike in nature. My favorite ride climbs to some lakes on Mt. Tamalpais, combining nature with exercise. Afterwards, I apply some High Potency Synergy Salve ([#552](#)) to my legs for relief of pain or stiffness.

5) Gratitude – I appreciate all the beauty, healing and people I connect with. They bring me joy and help me feel balanced. This practice opens my heart.

6) Music – both listening to music and creating music. Music helps me feel centered and uplifted. I find that Music feeds my soul.

7) Meditation – Sitting 20 minutes a day really helps me feel balanced, connected to Spirit, and opening my heart sending love to all beings.

*How do you find **BALANCE** in your life?*

Wishing you balance and vibrant health.

May you find peace amid the turmoil.

*Support those who are trying to be
the change they want to see
in the world.*

~Suggested Reading~

[How CBD Can Help You Cope with Social Distancing](#)

[Cannabis Shows Promise Blocking Coronavirus Infection: Alberta Researcher](#)

[Israel Researchers Believe CBD Could Play Crucial Role in COVID-19 Treatment](#)

~Our Mission~

We at Synergy Wellness are continually exploring ways of offering our members the finest possible medicinal cannabis products. We make every effort to not only use sustainable, organically grown ingredients but support local growers and minimize transportation impact.

Continuing as a membership-based collective, Synergy Wellness is committed to the medical aspects of the industry. Members need to have a medical recommendation for cannabis from a physician and proof of California residency. We appreciate your interest in our products and look forward to expanding the health of our planet together.

~Our Affiliated Partners~



Medicinal Cannabis Research Consortium of Marin (MCRCM)

Five long-term Marin County residents are making Marin County the national research center for vertically

GOLD RIDGE ORGANIC FARMS



Gold Ridge Organic Farms:
Ultra Premium California Olive Oil

In our continuing effort to support sustainable agriculture and local farmers, we are proud to now use organically grown olive oil from Gold Ridge Organic Farms in Sebastopol, California in our products.

VISIT...

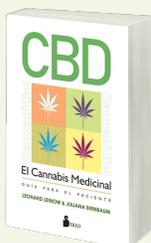
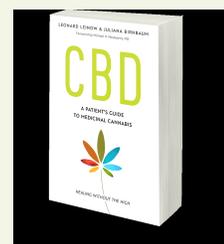


The Organic Alcohol Company

We now proudly use organically grown alcohol from The Organic Alcohol Company in Ashland, Oregon in our premium tinctures.

VISIT...

In 2017 Leonard Leinow co-authored, *CBD: A Patient's Guide to Medicinal Cannabis ~ Healing Without the High*, quickly becoming a best selling, authoritative guide for those seeking to improve the quality of their lives through the correctly applied use of medicinal cannabis. Now, over 36,000 copies in print! For details and ordering information please click [HERE](#).



¡Ahora disponible en traducción al español!

En 2017, Leonard Leinow fue coautor, *CBD: Guía del paciente para el cannabis medicinal ~ Sanación sin lo alto*, convirtiéndose rápidamente en una guía autorizada y de mayor venta para aquellos que buscan mejorar la calidad de sus vidas a través del uso correcto del cannabis medicinal. Para obtener detalles e información sobre pedidos, haga clic [AQUÍ](#).

Review Past Newsletters [HERE](#)

Memberships & Direct Orders:

Synergy Wellness
Medicinal Cannabis
415.488.4885

SynergyCBD.COM
Newsletter@SynergyCBD.com
Orders@SynergyCBD.com
[Contact@SynergyCBD.com](mailto>Contact@SynergyCBD.com)

These statements have not been evaluated by the Food and Drug Administration and are not intended to diagnose, treat, cure or prevent any disease.